

By Harry Wang, Director of Health & Mobile Product Research; Jennifer Kent, Research Analyst

3Q 2011

Synopsis	Consumer Interest in Mobile Health Apps
This report updates the inaugural wireless health report from Parks Associates two	Interest in App-based Personal Care Services (U.S. mobile phone users)
years ago. It continues to profile innovations in both wireless technology-supported	An app that measures calories burned or heart rate after exercise
personal health applications and business models, analyzes current market size and	An app that measures body fat and calculates burn rate after exercise
segments, highlights impact from new health policies and	An app that wirelessly syncs/uploads fitness data to the phone
regulatory requirements, and projects market directions and growth	An app that allows access to your personal health record
potentials.	0% 30%
	Source: Personal Health Tools and Applications © 2011 Parks Associates
Publish Date: 3Q 11	"Parks Associates believes that mobile technology and wireless connectivity will greatly enhance the appeal of personal health applications and solutions to end users," said Harry Wang, Director of Health and Mobile Product Research, Parks Associates. He added that a growing interest from care providers, insurers, and technology developers is driving the industry's expansion. "We now need clearly-defined health policies, transparent regulations, and well-aligned the business partnerships to bring wireless health opportunities to fruition."
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